

METRO MILWAUKEE WOMENS HOCKEY ORGANIZATION  
TRYOUT FORMAT AND RULES  
2010-2011 Season

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## **A). GENERAL TRYOUT NOTES**

### **ABOUT US**

- Metro teams known as Brew City Blades are a member of the WCHL. (Women's Central Hockey League) The WCHL has 5 divisions, consisting of Red (A), White (B), Gray (C1) Blue (C2) and a Green (D)
- Each team will/may consist of no more than 15 skaters and two goalies.
- We anticipate 3 travel teams for the 2010-11 season, but depending upon how many are interested we may have 4 teams. The divisions will be determined at tryouts.
- Each team will have 1 coach. Assistant coaches may be added as interested volunteers wish to help out. The season runs October through mid March. Here is the WCHL website if you would like to check it over:  
[www.eteamz.com/wchlonline/index.cfm](http://www.eteamz.com/wchlonline/index.cfm)
- Jerseys for the new skaters require a \$90 deposit (refunded at end of season if you choose to return jerseys in good condition) and purchase of socks for approx \$15 which are not refundable.
- Games will be on Saturday and/or Sunday each week for an approximate total of 20 games (10 home -10 away) per season. Our home rink is Pettit National Ice Center but we may have a few ice times at Eble Ice Arena. Game times are generally between 10am and 7pm, with a few variations. We generally travel to Madison, Appleton, Green Bay Fond Du Lac, Sun Prairie and Northern IL. We will not schedule games over the Holiday weekends. The schedule meeting is the 2<sup>nd</sup> week in September, we will not have the final game schedules until then.
- Practices will be on various weekdays and a few weekends. Each team will have different practices schedules. Each team will have full ice and shared practices throughout the season starting early October and ending in March.
- Cost: Skater season fee will be between \$300-400 which will include all practice and game ice and 1 tournament. (This is a ball park figure from previous years, but we expect it to be close) The goalie fee will be half the skater fee. Your team will be given a list of tournaments to choose from. If your team chooses to attend more tournaments as a team you may. This would be an additional cost. Additional fees will be your jersey deposit, sock purchase, additional tournaments and USA hockey registration.
- You can register on the USA hockey website at: <http://www.usahockeyregistration.com/> Registration is required.

### **PLACE / DATES / TIMES / COST**

- There will be a total of 3 sessions for tryouts.
  - The first session will consist of a chalk talk and practice drills. This is held for all levels combined. No evaluations will be done at this session.
  - The second session will consist of the drills practiced in session 1 along with 3 vs 3 scrimmages on both ends of the ice. From this session the top and bottom ranking skaters will be selected and not required to attend the last session.
  - The last session will consist of a full ice scrimmage with the remaining skaters.
  - Cost is \$10 per session for goalies and skaters for any or all of the ice required for your tryout.
1. Practice drills (You will not be evaluated at this session) - Tuesday July 20<sup>th</sup> at the Pettit.
    - Chalk talk = 8:15-8:45pm.
    - Ice time = 9:15pm-10:15pm
  2. Drills and 3vs3 with evaluators – (Required) Thursday July 22<sup>nd</sup> at the Pettit.
    - Ice Time = 9:15pm-10:30pm
  3. 5 vs 5 scrimmage with goalies – (required for remaining skaters) Sunday July 25<sup>th</sup> at the Pettit.
    - Ice Time = 1:00pm-2:15pm

## TEAMS AND DISTRIBUTION OF PLAYERS – EXCEPT GOALIE SUBSTITUTION RULES

- Skaters can only skate on one (1) team except for goalies who may be double rostered.
- Determination of more than one team at any level and how the players will be placed at any level will be collectively made by the judges.

## PLAYER REQUIREMENTS FOR TRYOUTS

- Skaters must attend tryouts. Exceptions will only be made for persons with valid reason and must be approved by the Metro board and Coaches on an individual basis.
- Skaters must wear full hockey gear for all skill sessions & scrimmages.
- Players should check in prior to assigned tryout session at least 30 minutes prior to the session. Skaters must be on the ice on time.
- Players must bring both a light and dark jersey to tryouts. A jersey number will be given to each player at registration to be pinned on the back of their jersey. Pins will be provided.
- Players will register with USA hockey prior to tryouts. A copy of the registration must be submitted at check in. You can register at: <http://www.usahockeyregistration.com/>

## INJURED PLAYER/APPROVED ABSENCE POLICY FOR TRYOUTS

- If a player sustains an injury or has an approved absence prior to or during tryouts that would cause the player to miss all or a part of the evaluation scoring, the player placement will be made through the coach's decision. This selection will take place after consulting the Metro Board, previous coach's input and players previous playing season. If the player is new to the organization, the name for the coach and or organization of that player shall be contacted for decision making. Failure to provide this information will result in the player being placed on the lowest level team.
- An approved absence must be work related or an instance that is determined to be out of the players control. This must be submitted to the Metro board for approval prior to tryouts. Please contact Sue Mishler for requests. [suemishler@yahoo.com](mailto:suemishler@yahoo.com)

## EVALUATORS

- There will be a total of five evaluators approved by the Metro Board of Directors for all levels; Red (A) thru Green (D) level.
- The Metro Board and Coaches will strive for the fairest and most knowledgeable team of evaluators as possible. The approved team of evaluators for each level will try to consist of 4 potential coaches to represent the entire span of skill levels, and one person from outside the Metro organization when possible. However, more non-METRO evaluators may be used with maximum of 5 evaluators overall.
- Evaluators will remain consistent throughout the entire process; however an approved substitute may be used in an emergency. It is best to have the potential substitute attend as necessary throughout the process to promote continuity; however that may not always be possible.
- Evaluators may review and discuss scores as a group at this time; all scores will remain confidential. They will be collected by the designated statistician.
- Evaluators will submit their scoring sheets with a signature or some type of identification on them to aid the statistician in following up for the accurate information in the case of a question of legibility or a missing score.

## **B.) SKILLS SESSION and 3vs3**

### **OVERVIEW**

- There will be a total of 3 tryout sessions.
- The first session will consist of practice drills. This is held for all levels combined. No evaluations are done at this session.
- The second session will consist of the drills practiced in session 1 along with 3 vs 3 scrimmages. From this session the top and bottom ranking skaters will be selected and not have to return for the last session.
- The last session will consist of a full ice scrimmage with the remaining skaters. This group will be posted on the website on Friday July 23<sup>rd</sup>.

### **EVALUATION PROCESS**

- 5 Evaluators to evaluate all skaters.
- Skaters will be rated during the evaluation on a scale of 1-9. The high and low evaluator score per category will not be used.

### **EVALUATION DRILLS**

- Drill #1 - General Skating Skills Drills
- Drill #2 – General Passing Drills
- Drill #3 – General Shooting, Puck handling Drills
- Drill #4 – One on One  
Drills may be modified

### **3 VS 3 WITH GOALIES SCRIMMAGE**

- Two (2) half ice 3v3 plus goalie scrimmages will be conducted alternately at each end of the rink for optimal evaluation. Evaluators will signal to the tryout assistants to start the 3v3 game once all players are identified.
- At the end of the skills and 3vs3 evaluation of all players will be ranked by score. Based upon these rankings the Full Ice Scrimmage Group will be determined and posted on the website within 48 hours. The top and bottom players will have completed their tryout session. The players that need to return for the last session will be posted on the website on Friday July 23<sup>rd</sup>.

## **C.) SCRIMMAGE SESSION WITH GOALIES (5 VS 5 )**

### **OVERVIEW**

- One (1) scrimmage 1 hour 15 minute in length with remaining skaters.
- All scrimmages will be full ice plus goalies.
- 5 evaluators

### **EVALUATION PROCESS**

- All skaters will be evaluated by the evaluators on the following criteria outlined below:
  1. Team Skills/Hockey Sense/Positioning
  2. Competitiveness/Work Ethic/Aggressiveness
  3. Individual skills - stick handling, shooting, and skating skills
- Skaters will be rated during the evaluation on a scale of 1-9: the high and low evaluator score per category will not be used.

## FORMAT

- 5v5 plus Goalie Full Ice Scrimmages
- Approximately 30-45 skaters (plus goalies) per full ice 5v5 scrimmage on two teams Black or White.
  - Example:
    - 4 forward lines per team.
    - 3 defense pairs per team.
    - Rotating goalies
- During scrimmage, each new shift of skaters will begin play with a center ice face-off. Each shift on ice will 60-90 seconds.
- Skaters will tryout out at either forward or defense; no combined forward/defense will be permitted during tryouts. A skater can declare defensive position; however this will not exempt them from overall ratings or playing a forward, if required or a forward playing defense.
- Note: Tryout position declaration does NOT guarantee position specific placement once teams are determined regardless of declaration of position at tryouts. Skaters may be required to play forward or defense as determined by the head coach of respective team.
- Each player will have a self sticking label made out with the individuals name and declared position placed on the front of their helmet to assist the Tryout Assistants in the box with providing all players with an equal opportunity to play their declared positions.

## D.) GOALIE SKILLS AND SCRIMMAGE SESSIONS

### GENERAL NOTES:

- Three evaluators will be secured to conduct the goalie skills and scrimmage evaluation session.
- Team placement will be based solely on a goalies overall ranking achieved throughout the combined goalie skills and scrimmage evaluation session.

### SKILLS SESSIONS: GOALIES

- One (1) scheduled skills practice/evaluation session prior to scrimmage.
- Goalie session is scheduled for July 10<sup>th</sup> 12:30-1:30pm at the Pettit National Ice Center.
- Practice session will be combined with the evaluation session. First 15 minutes will be practicing the drills, remaining ice will be the evaluations.
- Participants will not be coached at these sessions, but will be graded on their current skill levels and abilities.

### EVALUATION PROCESS AND CRITERIA:

- Points will be assigned during the evaluation process on the same scale as forwards/defensemen, and kept by individual goalie evaluators.

### SCRIMMAGES: GOALIES

- Participation in scrimmages is mandatory for all "declaring" goaltenders.
- All goalies will attend scrimmages.
- Scrimmage dates are: Thursday July 22, 9:30-10:30pm (3 vs 3) and July 25, 1:00-2:15pm (5 vs 5) at the Pettit National Ice Center.
- Points will be assigned during the evaluation process on the same scale as forwards/defensemen.

## **E.) TABULATION, RESULTS, AND TEAM PLACEMENT**

- Number of teams and team designation/level will be determined by the Metro Board and Coaches based on the total number of players per level, overall scores per level, and ice availability. These decisions will be made by the end of the tryout process.
- All scores will be put on a curve, lines will be drawn for the top team, 2<sup>nd</sup> level team and 3<sup>rd</sup> level team. If there is enough interest for 4 teams, 4 teams will be created. The total number of skaters on each teams will be between 13 and 15. This will depend on the overall numbers of skaters trying. This decision will come from the coaches.
- Coaches will be assigned to teams based on placement of their girlfriend/wife and METRO'S need to provide all teams with quality coaches.

### **EQUAL TEAM ASSIGNMENT (PLACEMENT) PROCESS**

- The assigned Head Coaches will hold a meeting to determine teams. The final ranking of players from highest to lowest scores will be the basis for the placement of players to teams. Players will be assigned to teams starting from highest to lowest scores until all players are placed on a team. Coach's may choose defensive/offensive players out of order if the scores are within 4 points and the team needs one or the other.

### **TABULATION & FINAL RESULTS:**

Teams will be posted on the website by the end of the day on Wednesday July 28<sup>th</sup>. Evaluations will not be given to any player.

